



# The Art of Tattoo

## Aftercare Piercing

Openingstijden:

Di t/m vrij: 10:00 - 18:00

Za: 12:00 - 18:00

Ma/zo: gesloten

[www.theartoftattoo.nl](http://www.theartoftattoo.nl)

# Aftercare Piercing

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Thinking about getting a new piercing? Read our aftercare instructions and tips carefully.

There are lots of ways to make sure your piercings heals as effective and efficiently as possible. Things to keep in mind for every healing piercing:

- Don't swim with the piercing
- Don't use the sauna/steamrooms
- Don't use tanningbeds
- Don't take a bath

So avoid soaking the piercing in water. Also do not keep wet hair near the piercing.

What to use?

We recommend a saline solution to use for cleaning because it's the most mild option for your skin. Don't use harsh cleaning products like alcohol.

That's why we recommend and sell Neilmed Piercing Aftercare at our shop. It's a sterile saline solution developed for piercings so it's easy to spray in every direction. This is the most mild option for cleaning the skin without disruption of your natural skin's microbiome.

Aftercare is an always evolving process. Everyone's skin and body is very different. What works for u might not work for somebody else. Using very mild soap like Unicura can still be too harsh for some people but maybe it's the only thing that works for u. Keep in mind to always listen to your own body.

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Cleaning instructions:

1. Always wash your hands before touching the piercing.
2. Use a clean piece of gauze or tissue with a saline solution on it to cover the piercing (both ends) with for 5 minutes or spray both ends with saline solution and rinse it off after 5 minutes with clean water.
3. If needed also clean the piece of jewellery. Never clean or pick crusts of your skin itself, your skin is healing underneath.
4. Twisting the piercing is not necessary and will do more damage than good. The jewellery moving a little bit during the cleaning process is normal but never move it more than necessary to complete the cleaning process.
5. Gently pat the piercing dry with a clean piece of tissue.
6. Repeat this process every morning and every night until the piercing is fully healed.
7. Remember to not touch the piercing between the cleaning moments.
8. Last but not least: listen to your body. When your piercing isn't feeling good you'll notice. Don't hesitate to ask us for advice.

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Healing tips:

- Don't sleep on the piercing to prevent the piercing from growing crooked and/or irritation bumps.
- Avoid getting hair products on the piercing, always rinse away shampoo and other (hair)care products including make-up.
- Use clean clothes, bedsheets and pyjamas. Anything that might touch the piercing during the day and night. Also keep items that may touch the piercing clean like your phone, earphones, hats, etc.
- Don't overclean. Twice a day is the maximum to prevent from drying the skin out too much.
- Don't remove the jewellery yourself unless it's an emergency.
- Don't wear band aids on top of the piercing. Use a piece of sterile gauze that is breathable.
- Remember that your skin before and after the piercing will always be different. Scar tissue can form. Even after you take the piercing out there is a chance you'll still see a little spot, this depends on the healing and time you had the piercing.
- You can use a clean cotton t-shirt to give your clean pillowcase 4 more clean sides by turning it inside out, and around after every night. Including your pillow this will give you 6 days of sleeping on a clean surface area.
- Always take a picture of the piercing when you get it so you have something to compare the piercing with if you think the piercing might migrate out of your skin. Never remove the piercing yourself but rather contact us.

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After the piercing of the skin it may turn red and/or swell quite a bit. This is part of the process. Contact your piercer if you're concerned. Contact your doctor if:

- If you get a fever a few days after getting the piercing
- If physical symptoms like itching and redness don't calm down after 48 hours.
- If you get new symptoms after 24 hours or other symptoms get worse.
- You want to remove the piercing during the healing process (because of it not healing right or migration of the piercing).

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Thank you for your visit at TAT!  
We would be very pleased with a  
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with your personal experience at  
our shop. Scan  
[the QR code](#) to immediately leave  
your review.



SCAN ME



## Contact

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